



Figure 1: Kershaw County Census Tract Map

FOOD PANTRIES & DIABETES 2018 REDESIGN WORKBOOK

The primary role of food pantries is to:

- Provide, gather, and distribute food to the community (primarily needy).
 - Healthy

Team Members:

Joanna, xxxxxxxx

Recommended time: 15 minutes

CURRENT REALITY

Review the data provided in your packet. What stands out to you related to diabetes and other chronic diseases in Kershaw County? What information did the presenters share about the increase of chronic disease burden in our community?

- Huge problem in KC (2nd)—among minorities is worse
- Related to economics

What are we, as food pantries, doing related to food? What activities are we doing? Who are we targeting in our efforts?

- Collecting and distributing
- Targeting high need areas (food deserts) and taking food into the needy areas

Over the past three years, what impact have we seen made by our efforts related to food? Specific families impacted? Food insecurity? Family needs?

- Increased awareness
- Increased distributions
- More fresh food

How have our efforts, as food pantries, positively or negatively impacted diabetes?

- Increased awareness, donations
- Not sure of impact but we are more aware--- targeted to Diabetes.

What barriers have you encountered related to your work around food? Be specific.

- People give what they will
- Some challenges about how to deal with unhealthy food donations.

Recommended Time: 20 minutes

ONE YEAR ACTIONS

Where would you like to see improvements in our food pantries?

- Collection of data
 - Get all on charity tracker
 - Donny and Connie—short form

What did Rev. Joyner share today that we could potentially do in our food pantries? What shifts could we make – big or small?

- Communication= Distribution network for:
 - Donation of fresh food
 - Distribution to needy (ASAP)
- Go to those that need our assistance

What messages/behaviors/actions/policies will need to change to make this shift? What additional expertise and/or resources are needed?

- Go to them
 - Short form
 - Gifts of food
- Share vision of the community garden
- Need to collect better information and trouble getting people to come to meetings
- Communication as far as distribution and perishable products
 - Compost piles are a good way to reinvest them into the soil
- City hall for distribution purposes, churches, and dollar general....network of gardens and coordinating what is available

What question(s) would we like to ask Rev. Joyner? Your group will get to ask this question to him after this group activity.