



Figure 1: Kershaw County Census Tract Map

HOSPITAL/SCHOOL/YOUTH GROUPS & LIMITED ACCESS TO HEALTH FOODS FOR YOUTH 2018 REDESIGN WORKBOOK

The primary role of the _____ group is to:

Access to healthy food for youth

Team Members:

Trimease Carter, Mary Reames, Laurie Funderburk, and Destiny Harris

Recommended time: 15 minutes

CURRENT REALITY

Review the data provided in your packet. What stands out to you related to access to healthy foods for youth in Kershaw County? What information did the presenters share about this?

What are we, as _____, doing related to food? What activities are we doing? Who are we targeting in our efforts?

Health education, changing habits, cultural aspect, environment is easier than policy. Too much fast food in the area.

Over the past three years, what impact have we seen made by our efforts related to food? Specific families impacted? Food insecurity? Family needs?

How have our efforts, as _____, positively or negatively impacted food deserts and food insecurity?

What barriers have you encountered related to your work around food? Be specific.

Recommended Time: 20 minutes

ONE YEAR ACTIONS

Where would you like to see improvements in our _____?

- Schools
- How to feed people better
- ATECH Culinary program
- Placement of the food salad bar
- Improve availability of school food
- Fruit/vegetables in a more appealing way—smoothies and salad

What did Rev. Joyner share today that we could potentially do in our nonprofits?

What shifts could we make – big or small?

- Providing fresh foods in our schools

What messages/behaviors/actions/policies will need to change to make this shift? What additional expertise and/or resources are needed?

- Nutrient class
- ATEC culinary program learns how to prepare food for events and would like to have part of curriculum how to deliver healthy food products
- Lunches served at high schools include open campus and coming back with fast food meal
- Quality of meals served at school are not good
- We want to offer a fresh fruit smoothie bar and stop selling cookies and chips
- Salad bar with quality salads, not limited quantity

What question(s) would we like to ask Rev. Joyner? Your group will get to ask this question to him after this group activity.

What is the best advice to change habits in young people?

- Not to focus on the problem but focus on the solution
- Youth love energy and money
- Fresh food grown in the garden and use the school cafeteria for the prep

