Wednesday, November 28th, 2018

LiveWell Kershaw Coalition

TO DO

1. Text KJOHNSON476 to 22333 to join our polling session

2. Sign in and grab your three handouts from the side table

Agenda

- Welcome and Updates
- Leading for Sustainability
- Wellness Policies for KCSD
- What is a Community Health Improvement Plan (CHIP)?
- Evaluation of Coalition for HPHC

What did we say at the last meeting?

- We have resources…still need collaboration among organizations
- Mental Health inclusion for CMA
- United Way working to address food deserts and Senior Resource Center, New Day on Mill doing work in community
- Would like to see better utilized resources
- Need for early intervention and awareness
- Same work being done in community and we need to combine work for greater impact

- Good conversation regarding food pantries and getting the right kinds of food to the people who need it. Reaching out to Rev. Lawrence who has already shown an interest in this topic will allow us to plant the seeds for a pilot project of possible recipients in the Lugoff area. The tools and resources are out there. We just need to find a spark to start connecting the dots.

What takeaways and ideas were shared afterwards?

- Good conversation regarding food pantries and getting the right kinds of food to the people who need it. Reaching out to Rev. Lawrence who has already shown an interest in this topic will allow us to plant the seeds for a pilot project of possible recipients in the Lugoff area. The tools and resources are out there. We just need to find a spark to start connecting the dots.

- I was not at the meeting but for an action item I would like to see the schools offer bottled water at a discounted price. You can buy a 20oz soda for a $1 or a 16oz H2O for $1. As an instructor I really try to push water and we even did a big H2O campaign a few years ago but that has fallen by the wayside.
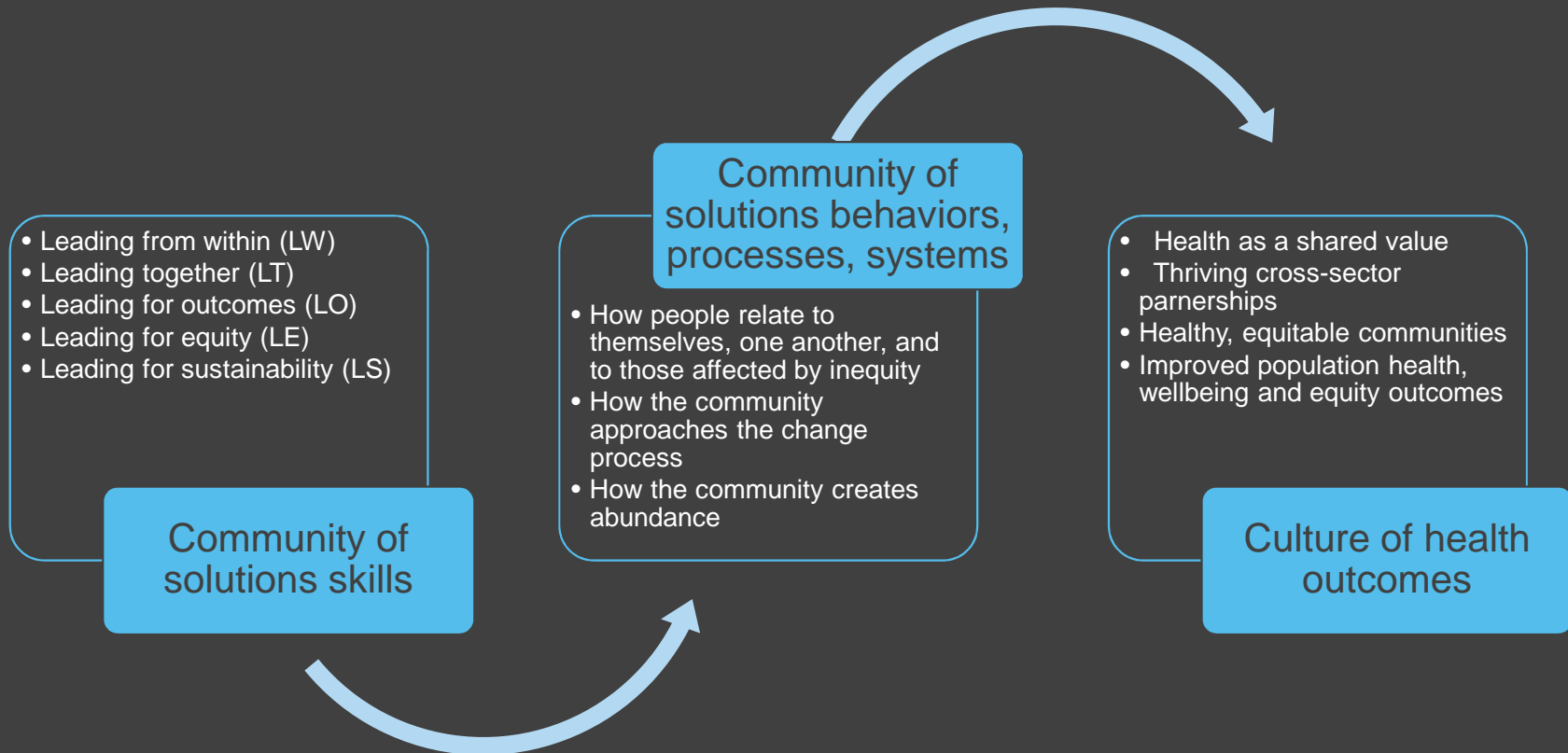
What's New?

- Resource list of upcoming events, webinars, trainings available to coalition members.
- Meeting with schools in December to plan for upcoming semester with student interns
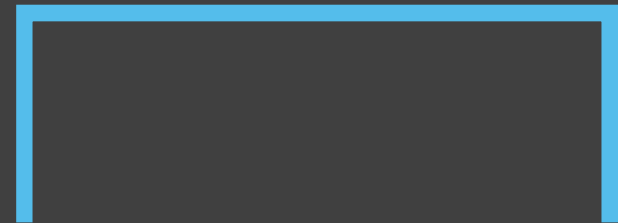
Leading for Sustainability

Community of Solutions Skills

SCALE Communities – Overall Content Theory

Community of solutions skills
- Leading from within (LW)
- Leading together (LT)
- Leading for outcomes (LO)
- Leading for equity (LE)
- Leading for sustainability (LS)

Community of solutions behaviors, processes, systems
- How people relate to themselves, one another, and to those affected by inequity
- How the community approaches the change process
- How the community creates abundance

Culture of health outcomes
- Health as a shared value
- Thriving cross-sector parnerships
- Healthy, equitable communities
- Improved population health, wellbeing and equity outcomes

How Can We Create Abundance?

- Leaders across sectors in a community coordinate and leverage their assets in usual and unusual ways to address the priority needs of the community, using an anchor institution approach.

- They have the trust and governance processes in place to share resources and accountability

- They prioritize the unlocking of trapped and untapped potential in people and organizations as a pathway to abundance

- They see the development of leaders and their ability to contribute to the solutions at every level of the community as a key part of creating abundance

- They invest in a change process which is dynamic and grows engagement, relationship, capacity, and the will for change
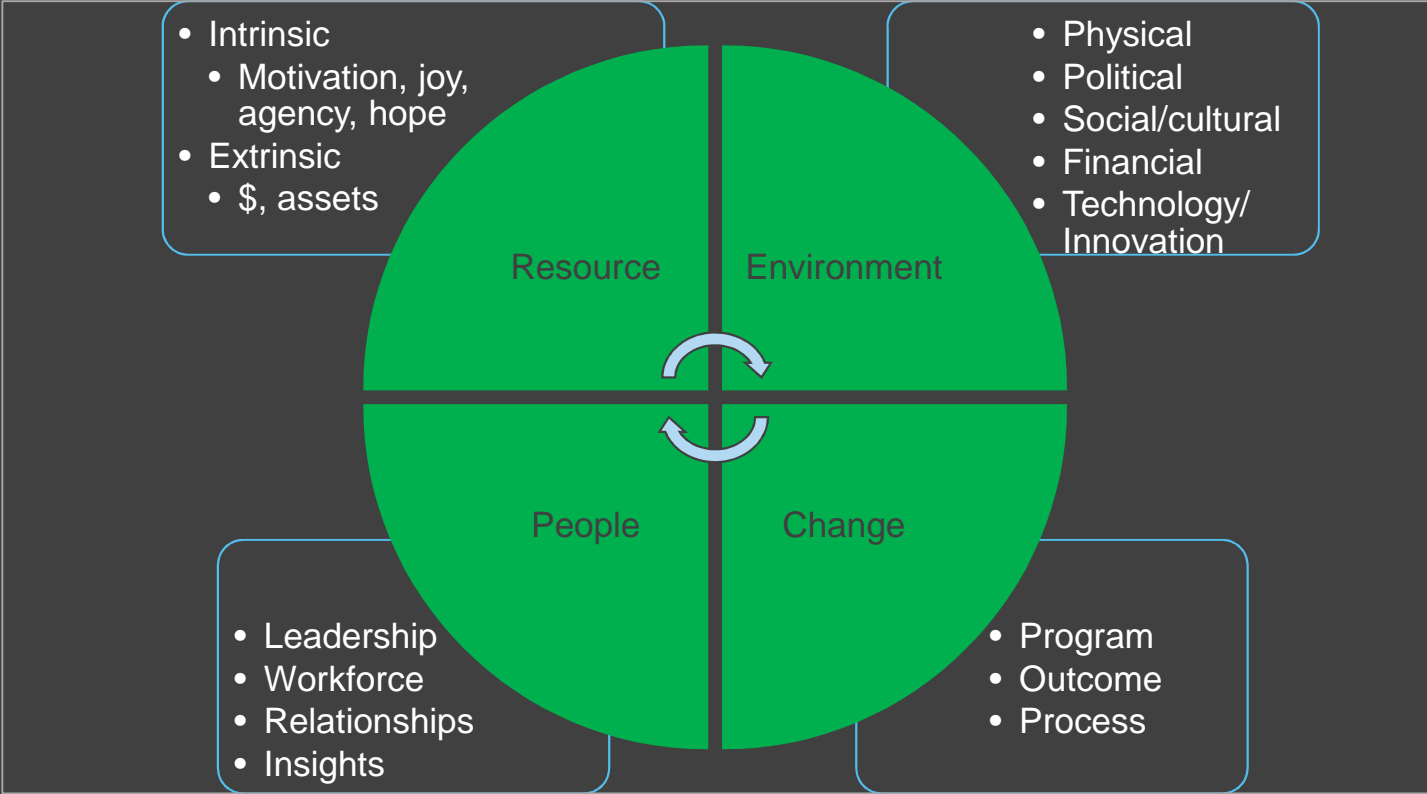
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100MLives Sustainability Model

- Intrinsic
  - Motivation, joy, agency, hope
- Extrinsic
  - $, assets

- Physical
- Political
- Social/cultural
- Financial
- Technology/Innovation

Resource **Environment**

People **Change**

- Leadership
- Workforce
- Relationships
- Insights

- Program
- Outcome
- Process

Leading for Sustainability (LS) skills-

facilitate an ongoing process of transformation in a community (generative sustainability) as opposed to maintaining programs as they are.

Leading for Sustainability

Environmental sustainability – Stability of the physical, political, and cultural environment

Resource sustainability – Availability of intrinsic (will for change, relationships) and extrinsic (financial, in-kind) resources needed to maintain, spread, and scale changes

People sustainability – Cultivation of change leaders in a community

Change sustainability – Growth and sustainability of the change process.

CHAI: Community Health Accelerators Initiative

Welcome to the Community Health Accelerators Initiative (CHAI)!

CHAI is an online platform that helps 100 Million Healthier Lives (100MLives) Change Agents gain skills and tools to improve community health, wellbeing, and equity. It is designed for any community, anywhere, at any stage of its transformation journey.

Access to the virtual modules is *free* to 100Mlives members and always available via the CHAI platform. Modules cover an introduction to 100 Million Healthier Lives and leadership concepts for community health improvement. **We strongly encourage you to start with the Introduction to 100 Million Healthier Lives and Community of Solutions Skills before exploring more advanced courses.**

COURSE	DESCRIPTION	CATEGORY	ACTIONS
☐ Introduction to 100 Million Healthier Lives and Community of Solutions Skills	... **Full Description+**	Course (Internal)	**Apply Now**
☐ Leading for Equity	... **Full Description+**	Course (Internal)	**Apply Now**
☐ Leading for Outcomes	... **Full Description+**	Course (Internal)	**Apply Now**
Leading for Sustainability	... **Full Description+**	Course (Internal)	
☐ Leading From Within	... **Full Description+**	Course (Internal)	**Apply Now**
☐ Leading Together	... **Full Description+**	Course (Internal)	**Apply Now**

An Introduction to 100 Million Healthier Lives
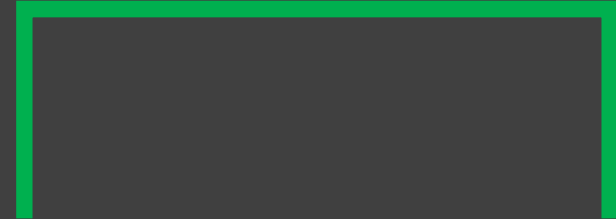
Kershaw County School District

Wellness Policy and Committee

District Wellness Committee

The district will maintain a district wellness committee to assess, plan, implement, and annually monitor district and school health policies and programs. The council will be comprised of members of the community, school representatives, students, parents/legal guardians, district food service employees, district health education and teachers, district nursing coordinators, and board members.
The district wellness committee will meet on a regular basis during the school year.
The school district will establish wellness policy leadership of one or more school district and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy e.g. superintendent, assistant superintendent, or designee at the school district and principal or designee at the school.
Annually, the district will make available to the public the content and implementation of the wellness policy and share any updates to the policy. The district will also make available information on how the public can become involved with the wellness committee or obtain additional information on the wellness policy.

Community Health Improvement Plan (CHIP)

Community Health Improvement Plan What is it?

- A community health improvement plan (or CHIP) is a long-term, systematic effort to address public health problems based on the results of community health assessment activities and the community health improvement process. A plan is typically updated every three to five years.

Didn't we already do one of those?

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NOPE

Community Health Needs Assessment

Identifies key health needs and issues through systematic, comprehensive data collection and analysis.

UNIVERSITY OF
SOUTH CAROLINA

2016-2017 KERSHAW COUNTY
COMMUNITY HEALTH NEEDS ASSESSMENT

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Funded by the Health Services District
of Kershaw County

Why do you need a CHNA and a CHIP?

A community health assessment gives organizations comprehensive information about the community's current health status, needs, and issues. This information can help develop a community health improvement plan by justifying how and where resources should be allocated to best meet community needs.

Why conduct a CHNA and a CHIP?

Benefits include:

- Improved organizational and community coordination and collaboration
- Increased knowledge about public health and the interconnectedness of activities
- Strengthened partnerships within state and local public health systems
- Identified strengths and weaknesses to address in quality improvement efforts
- Baselines on performance to use in preparing for accreditation
- Benchmarks for public health practice improvements

Outline for a Community Health Improvement Plan

Community health improvement plans can be presented in the following manner:

1. Executive Summary

2. Description of the Process
   a. Overview of the process;
   b. Individuals and organizations involved;
   c. Community vision statement;
   d. How the four assessments were conducted;
   e. How strategic issues, goals, strategies, and objectives were selected and prioritized.

3. Strategic Issues, Goals, Strategies, Objectives, and Activities
   a. Description of each strategic issue;
   b. Assessment data related to each strategic issue;
   c. Goals, strategies, objectives, and activities related to each strategic issue;
   d. Timeline for achieving the objectives and activities;
   e. Performance measures and indicators of progress for each activity;
   f. Individuals and organizations responsible for implementing activities

Examples from other communities

SC Community Health Improvement Plan

01
Resilient Children

02
Chronic Health Conditions

03
Behavioral Health

04
Health Care Transformation

05
Factors that Affect Health

Improved health for all South Carolinians!

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Factors that Promote Sustainability

Definition of Insanity:
"Doing the same thing over and over... while expecting to get a different result."

Homework

- Use the "Factors to Promote Sustainability" worksheet to examine the current coalition and be ready for discussion in January 2019.
- Take a look at videos and information as assigned to be ready to actively participate in the CHIP process.
- Review the SC CHIP via provided online links.
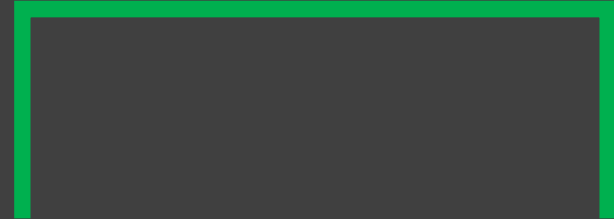
Darlene Lynch

Evaluation for HPHC

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KERSHAW
COALITION

Anything about us goes here

OUR MISSION

Usefull Slides

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