



MINUTES

LiveWell Kershaw Coalition Meeting
Wednesday, November 28th, 2018
8:00-9:30 AM, Kershaw County Chamber of Commerce

Attendees: Amy Kinard, April Wach, Breanna Grant, Craigan Blankenship, Darlene Lynch, Ed Garrison, George Gibson, Joanna Craig, Kat Spadacenta, Mary Anne Byrd, Mike Conley, Nichole Rodriguez, Susan Burroughs, Susan Didato, Susan Witkowski, Tiffany Warren, Yolanda Roary

Please sign in at our meetings, so that we can accurately capture attendance.

Purpose: To provide updates regarding information covered at the previous coalition meeting, a review of Community of Solutions skill “Leading for Sustainability,” introduction to Kershaw County School District Wellness Policies and Committee, and discuss undertaking a Community Health Improvement Plan (CHIP).

General Updates:

To begin, Kathryn shared some of the takeaways from the October meeting. She also shared comments made through an online link to gather any items that occurred as a result of the meeting. These items are found in the **attached slidedeck**. Kathryn briefed the group on an email she sent out during the month that included trainings, webinars, and events useful to the coalition’s work that members can participate in. She will continue to send out a monthly email with items of a similar nature. Moving forward, Kathryn and Mary Reames will be developing a plan of action for wellness clubs for the upcoming spring semester. This plan will be solidified with school contacts and administration before students are released for the holidays.

Community of Solutions Skills:

A review of the Community of Solutions skills was provided with special attention to Leading for Sustainability. The group began by answering a poll of “What does sustainability mean to you?” The wordle below captured participant’s responses:



Leading for Sustainability was highlighted as the common thread between all topics to be discussed and tied together at this meeting.

Through IHI, an online learning platform has been made available to share and deepen understanding of Community of Solutions skills framework that we have begun to apply in our community. These modules can be access through the link: <http://transform.100mlives.org/awds/>. Kathryn noted that she will assign sections to coalition members to watch.

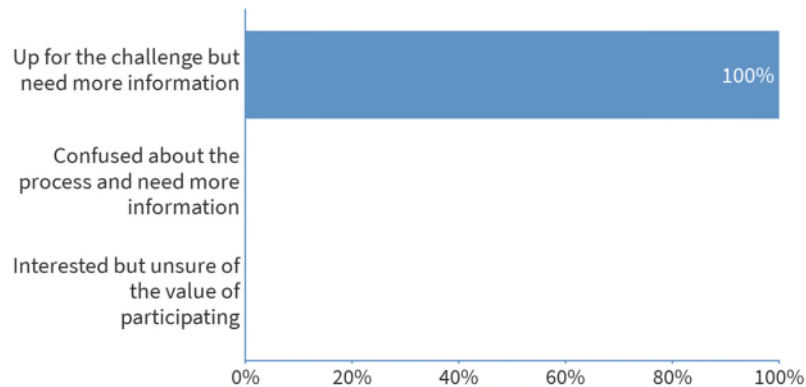
KCSD Wellness Policies and Wellness Committee:

After attending the most recent Eat Smart Move More conference, Kathryn learned that each school district is federally mandated to uphold a district-wide wellness policy and wellness committee. Coordinating these efforts falls under the Nutrition Services position for the district. Kathryn was connected to Misha Lawyer, who is in the process of putting together a wellness committee beginning in 2019. The coalition is invited to participate in this committee and Kathryn will provide more details after meeting with Misha. Members would like Kathryn to ask how often this committee will meet.

Community Health Improvement Plan (CHIP):

Kathryn provided an overview of what a CHIP is and how it can provide groups with a plan and goals for addressing the identified priorities from the 2017 Community Health Needs Assessment (CHNA) for Kershaw County. The group viewed a few community examples of working through a CHIP. Links to the videos are here: https://www.youtube.com/watch?v=OJC_EPp0SdU and <https://www.youtube.com/watch?v=78hjv7jPk0>. Additionally, it was shared that South Carolina's CHNA and CHIP are now available through a site: <https://www.livehealthysc.com/>. Online versions of the documents are available on the site.

After receiving information on a CHIP, participants were asked to indicate their willingness to participate in a CHIP beginning in 2019. Through Poll Everywhere, eleven members responded with the following results:



Kathryn will begin positioning the group to start work on this in January 2019 and will need help from members in bringing individuals to the table. A member suggested gathering a comprehensive list of all sectors and local business to target for involvement in this process.

Kathryn wrapped up this portion of the meeting by linking Leading for Sustainability as the common thread between involvement in a district wellness committee, as well as completing a CHIP that creates a shared vision for health in our county.

HPHC Evaluation:

Darlene Lynch began by sharing that at the first ever Equity and Diversity Summit on November 27th, Dr. Soma Stout, Executive Lead of 100MLives, spotlighted Kershaw County for their innovative work. Immediately following, Darlene disseminated a survey that should have been shared with coalition members during Year 1 of our work with HPHC. This survey is another component of the evaluation taking place for Healthy People, Healthy Carolinas communities.

Kathryn Johnson can be reached at 803-900-1691 and kjohnson@cmcofkc.org for any additional information.