



MINUTES

LiveWell Kershaw Coalition Meeting

Wednesday, October 24th, 2018

8:00-9:30 AM, Kershaw County Chamber of Commerce

Attendees: Amy Kinard, April Wach, Buck Wilson, Casey Robinson, Darlene Lynch, Ed Garrison, Felicia Elliot, Joanna Craig, Julian Burns, Laurey Carpenter, Laurie Funderburk, Liz Walsh, Mary Anne Byrd, Mary Hill, Meredith Kirkland, Mike Conley, Pam Spivey, Robin McAlpine, Rose Montgomery, Susan Burroughs, Susan Didato, Susan Witkowski

Please sign in at our meetings, so that we can accurately capture attendance.

Purpose: To provide updates regarding the sharing of coalition activities at various events, the completion of the Youth Wellbeing Assessment at CMA, NCHS, LEHS, and continue conversation on additional health priorities that still exist in our community.

General Updates:

The work of LWK Coalition has been shared at the South Carolina Office of Rural Health Annual Conference in Myrtle Beach, SC as part of a breakout session. In addition, our work with students has been shared with a graduate class at the Arnold School of Public Health at the University of South Carolina. Individuals across the state are learning about the collaboration occurring in Kershaw County to improve population health.

Youth Wellbeing Assessment:

Last year, we worked to have this assessment completed by all high schoolers in our county but were only able to capture responses from NCHS due to the timing of the school year. At this time, we have three schools that have completed the assessment. These schools are CMA, NCHS, and LEHS. We are working to have CHS also complete this survey. A preliminary analysis of the data revealed that approximately 80% of students surveyed at each school are considered to be “thriving” and 20% are considered to be “suffering,” based on the algorithm used by the wellbeing assessment. A further dive into all the indicators is forthcoming. Kathryn plans to meet with each high school representative to review the data for their school.

Maintaining Momentum Table Conversations:

Almost one year ago, the LWK Coalition completed a charting exercise using Vision2030, 2013 Community Health Needs Assessment, and 2017 Community Health Needs Assessment to determine what should be the initial priority of the group to begin improving overall health outcomes in Kershaw County. Much has been accomplished over the past year in focusing efforts on empowering youth to address health issues within their schools and continues to this day. To begin looking at the larger scope of work that can be addressed through the coalition, table conversations were held based around examining the following documents:

1. Charting Exercise
2. Two Year Success Indicators
3. Packets for Non-profits, churches, hospitals, youth-serving organizations, city and county officials from The Weight We Eat Event

The following questions were used as a framework to guide the table conversations:

1. *Which people, comments, ideas, or words caught your attention?*
2. *Was there a high or low point for you in thinking about the processes your organization has in place?*
3. *What was your key insight related to the health priorities that still exist and need to be addressed in Kershaw County?*
4. *What significance do you anticipate LWK Coalition having in improving population health in Kershaw County?*

Table Conversation Report Out:

Tables were asked to report out their responses to the questions posed in order to capture what should be considered in defining LWK’s larger role in improving health in the community. Kathryn scribed the report out session. Responses are found below.

1. Which people, comments, ideas, or words caught your attention?



Participants texted in their responses to create the wordle above through Poll Everywhere software. 18 individual responses were created.

2. Was there a high or low point for you in thinking about the processes your organization has in place?

- CMA does not have Mental Health
- More school nurses are needed to provide adequate care
- Mental health issues are seen at KershawHealth
- Food for the Soul has reached out to churches to provide assistance but found that it is key to ask what is needed first
- State resources are available and would like to see a broadened view in utilizing these resources
 - SC Thrive- working to provide Mental Health Training to 120 individuals in Kershaw County. In the works.
 - Seeing that children ages 6-13 need to be reached. There is a 32% increase in vaping in middle schoolers.
- Community minded-ness is needed. Just attended the reveal of the first South Carolina State Health Improvement Plan.
- We have the opportunity to bring leaders together to encourage going after more outside resources.
- Industry involvement is needed to have workplaces make health a priority for employees.

3. What was your key insight related to the health priorities that still exist and need to be addressed in Kershaw County?

- Would like to see Youth Wellbeing Assessment stratified by zipcode
- Have found that the bible belt overlaps the stroke belt
 - Initiative called "Holy Stroke" that is working with churches to combat this
- Food deserts still exist

4. What significance do you anticipate LWK Coalition having in improving population health in Kershaw County?

- We have resources...still need collaboration among organizations
- Mental Health inclusion for CMA
- United Way working to address food deserts and Senior Resource Center, New Day on Mill doing work in community
- Would like to see better utilized resources
- Need for early intervention and awareness
- Same work being done in community and we need to combine work for greater impact

For additional comment or sharing of actions that are now in motion as a result of these conversations, please complete the following survey: <https://www.surveymonkey.com/r/LWKOct24>

Kathryn Johnson can be reached at 803-900-1691 and kjohnson@cmcofkc.org for any additional information.