

LiveWell Kershaw Coalition Meeting June 24, 2020

MEETING MINUTES

Present: Amy Kinard, Amy Schofield, Angel Bourdon, Darlene Lynch, Emily Catoe, Julian Burns, Julie Trott, Kate Spadacenta, Kathryn Johnson, Keri Boyce, Kevin Rhodes, Latrice Simmons, Maria Spring, Mary Reames, Mike Conley, Rebecca Cartwright, Richard Strater, Sallie Harrell, Sharneece Gary, Shawn Putnam, Susan Burroughs, Tiffany Jones, Tyler Dorman, and Zach King

Meeting Aim: Discuss action team progress and next steps, as well as informing coalition members of the most recent survey results relating health equity and racism.

Action Team Updates:

1) Emotional Health

- Videos/recordings for radio and social media with coping tips and personal stories to connect with community members
- Social Media posts around mindfulness, coping, etc.
- Next Steps:
 - Volunteers needed for these recordings.
 - Maria Spring volunteered for one of those spots. Need more

THINGS WE NEED:

- More wellness recording volunteers
- Additional Action Team members
 - Let us know if you or someone you know is interested. We will be selecting a new meeting time to accommodate changing schedules for current members.

2) HEAL:

- Temporary Fitness Circuits to be put up in Kendall and Goodale Parks by end of next week.
 - Using signs, not stencils.
 - Waiting to hear from Mel Pearson on permanent stencil circuits in Camden.
- LSUMC- “Staying Healthy While Staying Home” Videos
 - Health & Wellness Videos from Laurie Funderburk and LSUMC Health & Wellness Committee.
 - Check it Out: <https://www.facebook.com/Lyttleton-Street-United-Methodist-Church-196293510410473/>
- Work Wellness
 - South Carolina Hospital Association implementing Working Well for Kershaw County employees through LiveWell Kershaw Coalition
 - Organizational Assessment completed in next 45 days.
- Free Work Wellness Resources for ALL businesses:
 - Infographics on eating healthy, exercise, and mindfulness.
 - Social Media Kit for wellness tips.
 - American Heart Association.
- School Wellness:
 - Currently working on reporting for School Wellness Committee
 - Most activity on pause due to COVID-19
- FoodShare:

- Launch on July 7th
- Packing team- LWK Staff, Bob Giangiorgi, Laurie Funderburk, & Kat Spadacenta. Thanks for your help!

THINGS WE NEED:

- Volunteers to help place fitness circuit signs in the parks after we pick up from UPS
- Sharing social media posts regarding wellness opportunities, including fitness circuit announcements
- Wellness recording volunteers → choose your own topic or select from our inventory of topics!

3) Access to Care:

- Transportation:
 - Route no longer going to Sandhills area and is now starting in Elgin and running to KershawHealth and back. Also, considering CCTC as a stop on this route. Route is not entirely solidified. Timeline- 8 months to 1 year for implementation.

THINGS WE NEED:

- Assistance in building a list of community members that live along the proposed route to begin community engagement before we get too far along
- Resources, information, and surveys in Spanish. **Thank you, Rich Strater for offering your assistance!**

Other considerations:

- LWK staff will be connecting with technical assistance regarding a framework that may provide structure to this process and is also heavy in prioritizing community engagement. Will report back on this.

4) Poverty Simulation Surveys:

- 93% of people who took the COVID-19 survey are interested in a follow-up conversation.
- 96% of people who took the Health Disparities survey are interested in a follow-up conversation.
- See slides for additional information

NEXT STEPS:

- Personalized emails with scheduling poll to those that indicated YES to being a part of solution co-design for addressing health equity and systems change.
- Connecting with those who have connections to frameworks. **Thank you, Amy Schofield!**

5) Announcements

- Next coalition meeting will be on Wednesday, July 22nd from 8:00-9:30 am.
- All meetings virtual until further notice.

Have questions? Contact us:

Kathryn Johnson (MPH), LWK Director	Latrice Simmons (MPH), Community Health Improvement Lead	Mary Reames, Wellness Project Assistant
kjohnson@cmcofkc.org	lsimmons@cmcofkc.org	mreames@cmcofkc.org