

## LiveWell Kershaw Coalition Meeting September 23, 2020

### MEETING MINUTES

**Present:** Amy Kinard, Amy Schofield, Cynthia Haigler, Darlene Lynch, Donny Supplee, Ed Garrison, Keisha White, Mary Anne Byrd, Ramonda Pollard, Shawn Putnam, Terrell Burch, Tiffany Jones, Tyler Dorman, Keri Boyce, Deniece Chi, Robin McAlpine, Susan Witkowski, Annetta Hough, Felicia Elliott, David Snodgrass, Zack King, Tina Alexander, April Wach, and Michael Conley.

**Meeting Aim:** Provide space for action teams to speak up and share their progress and how health equity can be further embedded into ongoing work and projects.

The meeting started with the group watching a video on population health followed by introductions and instructions on the breakout room discussions:

- Population health video: <https://www.youtube.com/watch?v=AtBYryLAveE>

Coalition members were split into individual breakout rooms for each action team and a community organizers room to discuss the following questions, both using the ripple map model (see attached) as a guide:

#### *Community Organizers:*

1. What do we need to know about your organizations work?
2. As you think about your work, how do you see your organization making an impact on overall community changes?

#### *Action Teams:*

1. What does the coalition need to know about the work this team is doing?
2. Examine how you intend to embed health equity into initiatives and work. Examine what you have said your team will do related to health equity and do a quick “ripple map” test. What did you discover?

### **Community Organizers Updates:**

- Telehealth options are being introduced into the schools with online registration
- Meal boxes are available for kids 18 years old and younger and will be available until December 31<sup>st</sup>, spread the word so more students and kids in the community can have this free box!
- National Alliance for Mental Illness (NAMI) offers community presentations to foster discussions about mental health and suicide awareness

### **Action Team Updates:**

#### **Emotional Health (see slides 11-15)**

- NAMI Presentation from Deniece Chi:
  - “End the Silence” program of presentations that can be done with youth, teachers, and parents.
  - Contact Deniece Chi at [deniece.chi@namisc.org](mailto:deniece.chi@namisc.org).
- Wellness Videos:
  - The team viewed and discussed Casey’s Robinsons personal video story on anxiety reflected on the importance of individual’s sharing their stories
  - Instructions:
    - If it's under three minutes, please use this link: <https://app.videopeel.com/kc2567fa>
    - Presentation will be longer than 3 minutes...
      - Connect with Keri Boyce. ([kboyce@cmcofkc.org](mailto:kboyce@cmcofkc.org)) & she can also meet with you to record longer presentations.
- Health Equity Discussion:
  - The EH team talked about the following during their breakout room session:

- Reaching out the professionals listed in our mental health brochure to speak about mental health
- Speak with Judge Branham of the Probate Court to extend the conversation to different audiences and community members

### **HEAL (see slides 16-20):**

- Church Wellness Panel was held on September 10<sup>th</sup> with several church's in attendance to discuss re-opening strategies and how to stay healthy during COVID
  - If you'd like any of the resources given please email Latrice at [lsimmons@cmcofkc.org](mailto:lsimmons@cmcofkc.org).
- FoodShare
  - Over 100 boxes packed on September 8<sup>th</sup>!
  - Next packing date: October 6<sup>th</sup> at 10:00 am
  - Spread the word: SNAP cost is \$5 per box and cash price is \$15 per box (Over \$20 worth of produce!)
  - Evaluation with USC is to begin within the next month.
- SHAC
  - Alliance for a Healthier Generation's playbook on guidelines for reopening schools has priorities including mental health, social drivers, physical activity and staff/teacher well-being which the coalition can assist with
- Health Equity Discussion:
  - The HEAL team talked about the following during their breakout room session:
    - Have a write-up in the newspaper about the various fitness circuit locations so that people know they are available
    - Post demonstration videos as a HEAL team to increase usage and correct use

### **Access to Care (see slides 21-23)**

- Funding has been approved for two-year pilot emergency bus route. Santee Wateree Regional Transportation Authority (SWRTA) has developed proposed route
- Route starts in Elgin and runs through Lugoff, Camden and comes back towards the hospital
  - Sandhills stop is a "SuperStop" meaning it is a request only, on-demand stop that requires a 24 hour notice ahead of time to be included in the route
  - 29 proposed stops total
- LWK will be meeting with Lottie Jones from SWRTA to help define the coalition's role in the transit efforts
- Survey dissemination:
  - Embed our transit questions in the Vision2030 survey
  - Use technology that will allow partner orgs to help with survey dissemination
- Health Equity Discussion:
  - ATC team talked about the following during their breakout room session:
    - Use our community relationships to get support with driving health equity agenda

### **Health Equity**

- How will we know when we are making a measurable impact?
  - Comments include:
    - When homeless population has decreased, homeownership increases, when more people can afford their rent/mortgage and keep up with housing needs.
    - Small progress is okay because COVID has moved the bar for the community we serve and the needed resources are always shifting but each of us are making an impact.
    - This work requires a lot of steering and we should celebrate the small wins because they drive us towards progressive but it's good that the finish line is always moving so we don't become complacent in our work.
    - Maybe this is not an actual measurable number. But when you hear people in the community talking about health equity and pushing for more of the conversations that is a success.
    - Part of our work is talking which is pushing agenda forward and building trust in the community which is needed to continue on.
- Members were asked to reflect on the following question for the remainder of the day:
  - How do we know that our community organizations are thinking about health and health equity in a different way?

### **Announcements**

- Kershaw County Housing Authority
  - Grant funding has been given to the Kershaw County Housing Authority by the SC Association for Community Economic Development to provide assistance to individuals and families with rent and mortgage that have been negatively affected by COVID-19. Go to website for more information (<https://www.kchousing.org/>)
  - Approved by the SC State Housing & Development Authority as a non-profit to use the SC Housing Trust Fund for emergency home repairs, please contact Ramonda Pollard for more details!
- Last coalition meeting of the year will be held on Wednesday, October 28th from 8:00-9:30 am.

### **Have questions? Contact us:**

Kathryn Johnson (MPH), LWK Director	Latrice Simmons (MPH), Community Health Improvement Lead
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